



Friendly Times

Friendly House is a neighborhood center whose mission is to respond to the needs of families and individuals through programs and services that will enrich their lives and strengthen our neighborhoods.

FALL 2011

1221 Myrtle Street ■ Davenport, Iowa 52804 ■ (563) 323-1821 ■ www.friendlyhouseiowa.org

HELP "BUILD A MEAL" FOR A FRIENDLY HOUSE FAMILY

Friendly House's food pantry is a part of the Churches United Food Pantry Network, and is proud to be the largest serving food pantry in the Iowa Quad Cities. In the past quarter we have seen nearly a 50% increase in visits to our pantry. In response, Friendly House has launched a "Build a Meal" campaign. By providing core items that help to build nutritious meals and/or sponsoring one or several families, you can help us feed our friends and neighbors

**For only \$20 you can provide 3 days of food
for a family of four!**

During the 2010-2011 year, Friendly House provided over 100,000 pounds of food to 994 families! At retail prices, that food would have cost over \$136,000. We were able to provide that same food for less than a quarter of that price. Most families use the food pantry in an extreme time of need and only 1% utilize the pantry every month. Only half of the families that use our food pantry visit more than one time a year. To meet the increased need of in our community we must raise an additional \$20,000 per year. Any donation, great or small, is greatly appreciated.

HOLIDAY BASKET SIGN UP

Friendly House will be accepting applications for holiday baskets on Monday, October 31 through Thursday, November 3 from 9:30 to 11:30 a.m. and 1:30 to 3:00 p.m. Baskets contain food for a holiday meal and gifts for children 16 years of age and under. To be eligible for a holiday basket, you must be registered in a Friendly House program or live west of Brady Street, south of Central Park and east of Lincoln Street. Applicants must bring a picture I.D., proof of residence and social security cards for all household members. The baskets will be distributed on Wednesday, December 21. For information, call Jodi at (563) 323-1821, ext 17.

FOOD PANTRY ITEMS NEEDED:

CANNED TUNA
BAKED BEANS
PEANUT BUTTER
SOUP
MACARONI & CHEESE
HAMBURGER & TUNA HELPER
CEREAL
JUICE
TOILET PAPER
BAR SOAP
LAUNDRY SOAP
SHAMPOO

You Could Brighten Someone's Holiday Season!



Friendly House is seeking organizations, groups, or families that are willing to "sponsor" a child or family with our annual holiday food basket and gift distribution.

*** You Can Purchase A Gift For A Child:** You will receive the name and age of the child, as well as a list of gift ideas. You can personally make a difference for a child.

*** You Can Sponsor A Family Meal:** Holiday is a time for togetherness and family time. Your group or organization can choose to help create that togetherness by sponsoring a family's holiday meal.

Contact Jodi at jstock@friendlyhouseiowa.org or 563-323-1821, ext. 17 if you would like to make someone's holiday special!



From the Director...

Have you ever experienced a moment of encouragement that helped you through a difficult situation or helped you push yourself a little more to achieve a goal? It might have been a kind word, a small gift, a card, an email, a pat on the back. It might have come from someone very close to you or it might have come from someone you may never know or even meet.

A few weeks ago, I experienced the Chicago marathon. I was there with my grandsons to cheer my daughter on as she came through mile 23. If you know anything about marathons, which are 26.2 miles long, you know that mile 23 is not pretty for most people. Many have already lost the desire to have a decent time: they are only trying to finish the race. Their bodies are screaming for rest, food, water; and putting one foot in front of the other is a huge challenge. While that part of the experience was unbelievable, the part that was so overwhelming was the massive outpouring of encouragement. Some runners had family members or friends along the way. But there were literally thousands of spectators along the course cheering those runners on; giving them ice chips, spraying them with water, yelling out their numbers because they did not know them by name. You could feel the emotion of the event and the power of this positive energy. I believe that without that encouragement, many runners would never have made it to the finish line.

I wonder how many times the opportunity to encourage someone comes our way and we think "oh it won't make a difference". I hope that when that moment comes again for me; I will have a tiny flashback to mile 23.

**HELP FRIENDLY HOUSE
CELEBRATE 115 YEARS**

We have been so blessed to be able to spend the past year sharing stories and memories of Friendly House. In celebrating 115 years of Friendly House services we have been able to celebrate you, the community, as well.

We have set a ambitious goal of raising \$70,000 of annual giving in our birthday year. You can be a part of helping us reach that goal.

Help us ensure that Friendly House is serving your children, grandchildren, and generations to come.

Please consider celebrating with us by :

- Becoming a new donor
- Increasing your annual gift
- Considering a legacy gift

To learn more about Friendly House and your giving options please contact Mikael Gibson at 563-323-1821 ext. 28



SCHOLARSHIPS AVAILABLE

Friendly House offers scholarships for 3 to 5 year olds through **Scott County Kids Early Childhood Iowa Preschool Scholarship**. Approved scholarships can pay for between 6 and 30 hours per week of preschool at approved centers. Income guidelines apply. Please call Renee at 563-323-1821 ext 11 for details.



LIVE UNITED

Thank you to the generous donors who support Friendly House through their United Way gift!

This year, the United Way of the Quad Cities has a campaign goal of \$11.4 million. Ambitious? Yes, but community support is the backbone of agencies like ours.

Agencies like Friendly House are greatly impacted by the support of United Way and the generous contributions from the Quad Cities community. By supporting **United Way Funded** programs, you ensure that programs like ours continue to serve children, families and seniors for years to come. Please consider a donation to this year's United Way campaign. Please visit www.unitedwayqc.org or call United Way at (563) 355-4310 for information.

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THE SHIP HAS SAILED TO FRIENDLY HOUSE

The State of Iowa's Seniors' Health Insurance Information Program (SHIIP) is now entering its second year of partnering with Friendly House. SHIIP volunteers are available by appointment to answer questions and counsel Medicare beneficiaries and caregivers about Medicare, Part D, supplements, Medicare Advantage, prescription drug plans, long-term care insurance and other health insurance concerns. Comparisons are offered free of charge. Even if you are pleased with your coverage a comparison might offer additional options that better meet your needs. Trained counselors are available by appointments for all Medicare questions and consultations. Medicare Part D will be available for open enrollment October 15 - December 7. Make your Part D comparison appointment soon. For appointments or questions please call Jodi at 563-323-1821, ext. 17.

FESTIVAL OF TREES OUTING

You can join our Senior Program participants during their annual visit to the Festival of Trees on Friday, November 18. Friendly House will provide transportation, free of charge. If you would like to attend, contact Jodi at 563-323-1821, ext. 17. Call soon, space is limited!

BIKE GIVE AWAY

Do you have a child that has never owned their own bike, or has grown out of their current bike? Did you know that Friendly House in collaboration with the Scott County Sheriff's Department Restoration Programs offers a limited number of refurbished bikes during the holiday season? If your child is between 5 and 14 and would like to be considered for the refurbished bike giveaway please call Jodi at (563) 323-1821, ext. 17 for more information.

COME TO OUR ANNUAL COMMUNITY THANKSGIVING LUNCHEON

Friendly House will host a neighborhood Thanksgiving meal on Tuesday, November 22 at 12:00 p.m. Everyone is welcome - all program participants, their families and Friendly House neighbors. In addition to a traditional Thanksgiving meal, there will be free family or individual photographs. For information, call Jodi at (563) 323-1821, ext. 17.

JOIN US AND CELEBRATE YOUR FAMILY FOR NATIONAL FAMILY WEEK

Friendly House is celebrating National Family Week with a week of free fun family activities. Activities will be Monday, Tuesday, and Wednesday 6:00pm-7:30pm, and Friday 5:00pm-7:00pm, with a take home activity provided for Thursday evening. Participation in the weekly activities will place your family in a drawing for a \$100 gift certificate to Toys R Us.

The premise of National Family Week is that children do better when their families are strong and families do better when they live in communities that help them succeed. Please check our website for a complete list of upcoming activities during the week.

FRIENDLY THANK YOU

Friendly House would like to thank the following organizations for their recent support:

- Birdies for Charity supporters and the John Deere Classic for their donation through this year's golf tournament. Friendly House received over \$9,400 in pledges from people in our community with the John Deere Classic donating a 5% bonus on all pledges.
- Davenport Noon Optimist Club for their \$1,500 sponsorship of our Family Week celebration.

Friendly House

1221 Myrtle Street
Davenport, IA 52804
(563) 323-1821
(563) 323-8024 (FAX)
www.friendlyhouseiowa.org

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Art & Enrichment Classes

Themes vary by month. Call for details.

Ceramic Classes

Wednesday & Friday, 9:00 am - 11:30 am

Class Fees: \$4.00 per class

Firing Fees: per piece

BOARD OF DIRECTORS

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United Way
of the Quad Cities Area



FRIENDLY HOUSE PROGRAMS

Youth Services

Early Learning Program
Afterschool Program
Plus Program
Summer Daycare
Teen Center
Friendly Kid's Corner
(All day care ages 2-5)

Senior Services

Cards
GenAge Meals
Crafts
Bingo
Outings
Low Impact Aerobics

Family & Adult Services

Child and Adult Care Food Program
Food Pantry
Emergency Assistance
Holiday Assistance
Family Interaction Time
Adult Open Gym
Camperships
Educational Scholarships
Childcare Scholarships
Preschool Scholarships
Birth - 24 Month Childcare
Scholarships

Community Services

Community Room and Gym Rental
Special Events and Parties